



experience









Explore the underwater world – from historic shipwrecks and fragile reefs to the mysteries of your local quarry. When you become a scuba diver, you can see what you've been missing locally or on vacation.

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## WHAI Do I Learn?

When becoming a PADI Open Water Diver, you enjoy three simple phases:

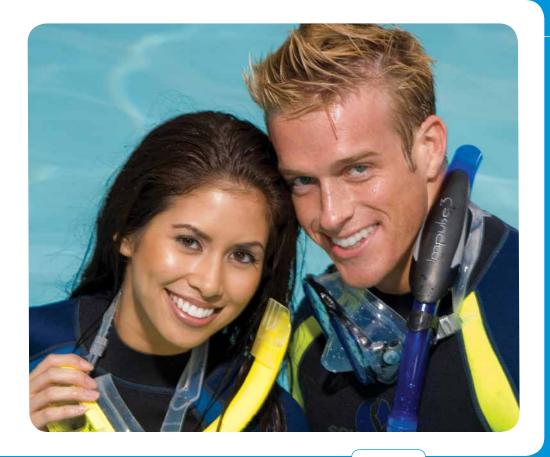


- 1. Knowledge Development
  You learn things such as how
  pressure affects your body, how to
  choose the best gear and what to
  consider when planning dives.
- 2. Confined Water/ Pool Dives
  You develop basic scuba skills in a
  pool or in a body of water with
  pool-like conditions. Here, you

learn everything from setting up your gear to how to easily get water out of your mask without surfacing.

#### 3. Open Water Dives

You and your new friends you've made continue learning during four open water dives with your PADI Instructor in a typical dive environment. This is where you have fun putting it all together and begin to fully experience the underwater adventure.



## WHAI Gear Do I Need?

As a minimum, you want your own **mask**, fins and snorkel when you start the PADI Open Water Diver course. These have a personal fit, and your PADI Dive Center or Resort will help you choose ones that have the fit and features best suited to you.





It's a good idea to invest in as much of your own equipment as you can because

- you're more comfortable learning to dive using gear chosen and fitted for you
- divers who own their own gear dive more
- having your own gear is part of the fun of diving

Many dive operators provide the rest of your gear for all or part of your PADI Open Water Diver course as part of the enrollment fee.

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## WHO Dives?

If you have an appetite for excitement and adventure, odds are you can become an avid PADI diver. You'll also want to keep in mind these requirements:

#### 1. Physical

For safety, all students complete a brief questionnaire about medical conditions.

#### 2. Waterskills

You demonstrate basic waterskill comfort by swimming 200 yards/metres or 300 yards/metres with mask, fins and snorkel. There is no time limit for this, and you may use any swimming strokes you want. You will also float in deep water for 10 minutes, again using any methods that you want.

#### 3. Learning Materials

You'll need and use these training materials during and after your course:

- PADI Open Water Diver Manual and PADI Open Water Diver Video (a multimedia version is also available for computer based learning)
- Log book
- Recreational Dive Planner (Table, eRDPMI, computer or eRDP™)

#### 4. Age

You must be at least 10 years old.





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## HOW Soon?

You'll be diving in less time than you think. Typically, you complete the PADI Open Water Diver course over anywhere from four days to six weeks, depending upon how frequently you meet with your instructor.

PADI courses are performancebased, which means your instructor's interested in you learning to dive, not in how long you sit in a class.





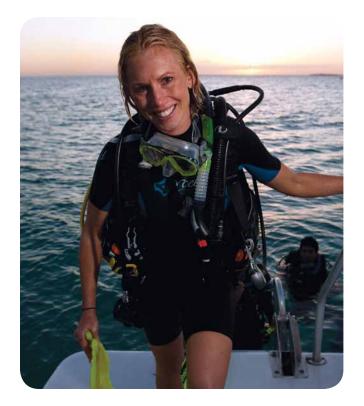
Progress at your own pace – faster or slower depending upon the time you need to become a confident diver who dives regularly.

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# S IT Expensive?

Compared with getting started in other popular adventure sports and outdoor activities learning to dive isn't expensive. You can expect to pay about the same as you would for:

- a full day of surfing lessons
- a weekend of rock climbing lessons
- a weekend of kayaking lessons
- about three hours of private golf lessons
- one amazing night out at the pub!





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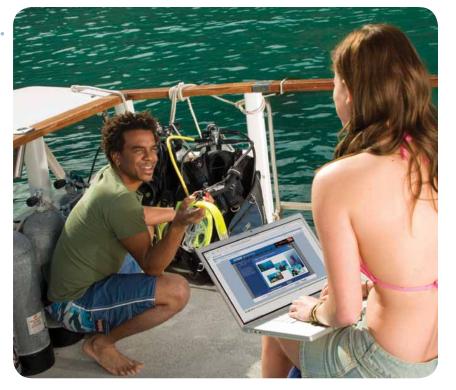
# GO Dive, With PADI

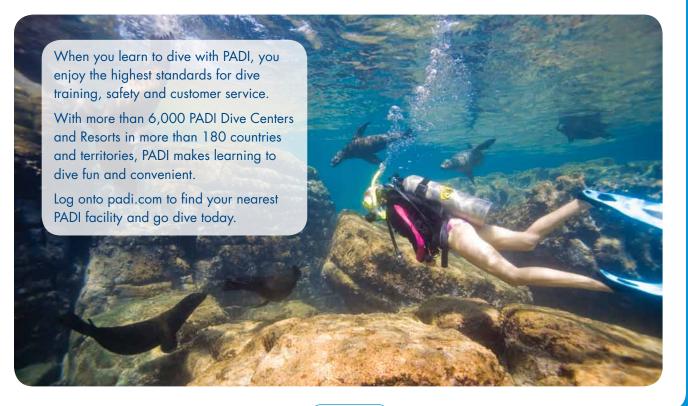
Learn to Dive Online with

### PADI @Learning®

Sign up today for the PADI Open Water Course online and see what languages are available at padi.com/eLearning.

PADI eLearning also gives you the opportunity to continue your dive education by offering additional courses and selected specialties.





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